



The Championships 1964 – 2014 50 Years of Champions



Conference Championships	116
County Championships	33
State Sectional Championships	51
State Championships	10
Total Championships	210

11 Individual State Champs
96 Individual Morris
County Champions

Football

1965 IAC – Undefeated - Coach Frank Marino
1974 IAC – Undefeated – Coach John Deibert
1976 IAC – Coach Bill Regan
1978 IHC – Coach Bill Regan
1980 IHC - Coach Bill Regan
1994 North 2 Group III - Coach Bill Regan
1995 North 2 Group IV - Coach Bill Regan
1996 North 2 Group III - Coach Bill Regan
2005 IHC, North 1 Group IV – Undefeated – Coach Bill Regan



1965 – First Football Championship



2005 – Undefeated State Champs

Boys Soccer

1966 Group III North 2 State – Coach Herb Lindsley
1969 IAC, Group III North 2 – Coach Herb Lindsley
1971 IAC – Coach Herb Lindsley
1974 IAC – Coach Herb Lindsley

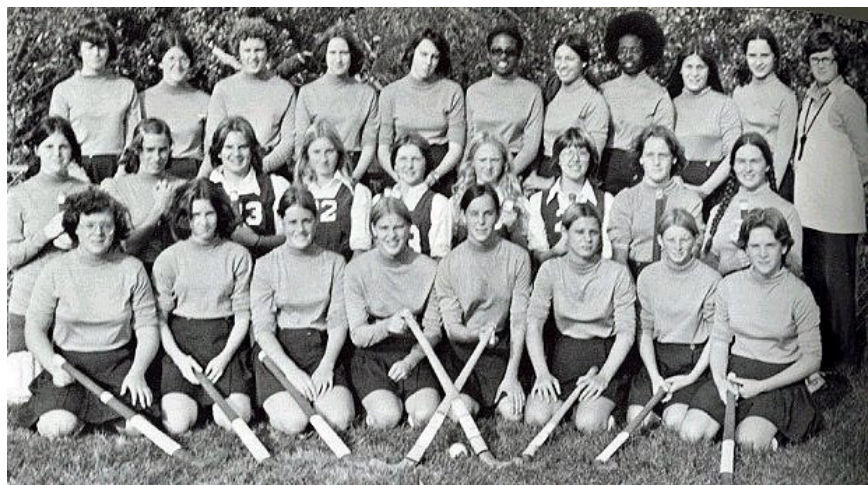


1966 – First Boys Soccer Championship

1975 IAC – Coach Herb Lindsley
 1976 IAC – Coach Herb Lindsley
 1981 Morris County – Coach Jerry Sheska
 1984 Morris County – Coach Brian Housle
 1986 Morris County – Coach Brian Housle

Field Hockey

1975 IAC – Coach Carol Provost
 1976 IAC, Sectional Champs – Coach Carol Provost
 1997 Section 1 Group IV, Group IV State – Coach Trish Colvin
 1998 IHC, Morris County, Section 1 Group IV – Coach Trish Colvin
 1999 IHC, Morris County, Section 1 Group IV – Coach Trish Smith
 2000 IHC, Section 1 Group IV – Coach Trish Smith
 2001 IHC, Section 1 Group IV – Coach Kristy McHale
 2006 IHC – Coach Amy Ottavinia
 2008 IHC, Section 1 Group IV – Coach Amy Ottavinia



1975 First Field Hockey Championship



1997 Field Hockey State Champions

Girls Soccer

1984 IHC, Morris County – Coach Herb Lindsley
 1985 IHC, Morris County, North 2 Group IV, Group IV State – Coach Herb Lindsley
 1986 IHC – Coach Herb Lindsley
 1987 IHC, Morris County – Coach Herb Lindsley
 1988 IHC, Morris County – Coach Herb Lindsley
 2001 IHC – Coach Stephan Zdanowicz



1984 – First Conference and County Champions

2002 North 2 Group III – Coach Stephan Zdanowicz
 2004 IHC – Coach Stephan Zdanowicz
 2009 North 2 Group III – Coach Stephan Zdanowicz
 2010 NJAC – Coach Stephan Zdanowicz



1985 State Champions

Girls Tennis – The Only Championship Team

Girls Tennis

1988 IHC, Group IV North II State – Coach Dan Benz

Girls Cross Country

1989 IHC, Group IV North 2 State – Coach Jim Feehan

1990 IHC, Morris County, Group IV North 2 State –
 Coach Jim Feehan

1991 IHC, Morris County, Group III North 2 State –
 Coach Jim Feehan

1992 IHC – Coach Jim Feehan

2001 IHC, IHC Dual, Group IV North 2 State – Coach
 Jim Feehan

2002 IHC, IHC Dual, Group III North 2 State – Coach
 Jim Feehan

2003 Morris County, IHC, IHC Dual, Group III North 1
 State - Coach Jim Feehan

2010 NJAC – Coach Jim Feehan

Boys Cross Country

1966 Group II North II State – Coach Marty Grogan

1983 IHC – Coach Jim Feehan

1984 IHC – Coach Jim Feehan

1993 IHC – Coach Vicky Allison

1994 Group III North 2 State – Coach Vicky Allison



1989 - Girls X-Country – First Champions



1966 – First Boys X-Country Champs

Boys Basketball

1966 IAC – Coach Herb Lindsley
 1967 IAC – Coach Herb Lindsley
 1968 IAC – Coach Herb Lindsley
 1969 IAC – Coach Herb Lindsley
 1970 IAC – Coach Herb Lindsley
 1971 IAC – Coach Herb Lindsley
 1972 IAC, Morris County – Coach Herb Lindsley
 1973 IAC – Coach Herb Lindsley
 1974 IAC – Coach Herb Lindsley
 1975 IAC, Morris County – Coach Herb Lindsley
 1976 IHC, Morris County – Coach Herb Lindsley
 1979 IHC – Coach Herb Lindsley
 2012 NJAC – Coach Ken Ferrare



1966 – First MK Boys Basketball Champions



Girls Basketball

1991 IHC – Coach Herb Lindsley
 1993 IHC – Coach Dan Benz
 1994 Group III North 2 State - Coach Dan Benz



1994 – State Sectional Champions



1991 – First Girls Basketball Champions

Wrestling

1983 IHC – Coach Dick Scorese
 1984 IHC, Dist. 15 – Coach Dick Scorese
 1985 IHC – Coach Dick Scorese
 1986 IHC – Coach Dick Scorese
 1987 IHC, Morris County, Dist. 15 – Coach Dick Scorese
 1988 Morris County, Dist. 15 – Coach Dick



1984 – First Wrestling Champions

Scorese

2006 IHC, Morris County, State Sectional – Coach Larry Rizzo

2012 NJAC, Dist 2 – Coach Larry Rizzo

Ice Hockey

1989 Halvorsen Division Champions – Coach John Kovacs

1990 Mennan Cup Champions – Coach John Kovacs

1995 Halvorsen Division Champions – Coach Kovacs

2001 Halvorsen Division Champions – Coach Walt Keiper

2005 Public School State, Mennan Cup & Division Champions – Coach Walt Keiper

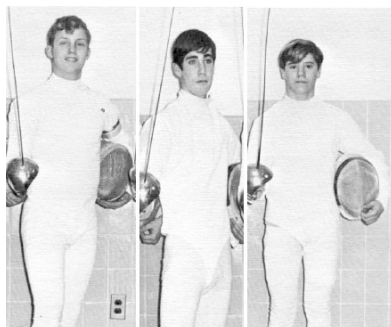
2010 Mennen Cup – Coach Walt Keiper

2012 Mennen Division Champs – Coach Walt Keiper

2014 Public A State Champs - Coach



State Champions – 2005, 2014



1971 Sabre Team State Champs

Boys Fencing

1971 NJ Central Division Champs – Frederick Hackett

1971 Sabre Team State Champs – Frederick Hackett

1973 Sabre Team State Champs – Frederick Hackett

1997 District 1 Foil Team Champs – Coach Jack Griffiths

Girls Swimming

2004 IHC Dual (Undefeated), IHC, North 1-A State Sectional Champs – Coach Kathy Hall

2005 IHC Dual, North 1-A State Sectional Champs – Coach Kathy Hall

Co-ed Swimming

1997 IHC Co-ed – Coach John Adey



First Swimming Champs – Boys & Girls

Girls Indoor Track

2005 Morris County Relays – Coach Byron Collins

2006 Morris County Relays – Coach Byron Collins

2009 Group 3 Sec. 1 State Champions – Coach Byron Collins

2010 Group 3 Sec. 1 State Champions – Coach Byron Collins

2012 MCT Relays – Coach Byron Collins



2005 - First Indoor Track Champions

Bowling

2006 Conference – Coach Greg Elbin

2007 State Sectional – Coach Greg Elbin

2012 NJAC, MCT – Coach Greg Elbin



2006 - First Bowling Champions

Baseball

1967 IAC – Coach Gene Kelly

1971 IAC – Coach Gene Kelly

1973 Morris County – Coach Gene Kelly

1981 IHC – Coach Frank Elias

1982 IHC – Coach Frank Elias

1988 IHC, Morris County – Coach Frank Elias

1989 Morris County – Coach Frank Elias



1967 – First Baseball Champions

1991 North 2 Group IV – Coach Frank Elias
 1999 North 2 Group IV – Coach Frank Elias
 2011 North 1 Group IV – Coach Adam Bonfiglio



1991 – First State Sectional Champions

Softball

1977 IHC – Coach Martha Seyler
 1980 Group IV Section II, Group IV State – Coach Martha Seyler
 1984 IHC – Coach Martha Seyler
 1985 IHC – Coach Martha Seyler
 1993 IHC – Coach Pete Lazzaro
 1999 IHC, Morris County – Coach Pete Lazzaro
 2000 IHC, Group IV North 2 – Coach Pete Lazzaro
 2001 IHC – Coach Pete Lazzaro
 2002 IHC, Morris County – Coach Pete Lazzaro
 2003 IHC – Coach Pete Lazzaro
 2004 IHC – Coach Pete Lazzaro
 2005 IHC, Morris County – Coach Pete Lazzaro
 2008 IHC, Morris County – Coach Keith Heineman
 2010 NJAC, Group 4 North 1 State Sectional, Group IV State Champions – Coach Keith Heineman
 2011 NJAC, Group 4 North 1 State Sectional – Coach Keith Heineman
 2012 NJAC – Coach Keith Heineman
 2013 NJAC – Coach Keith Heineman
 2014 Morris County, Group 4 North 1 State Sectional – Coach Keith Heineman



1977 - First Softball Championship Team



State Champions – 1980, 2010

Girls Track

1988 Morris County – Coach Jim Feehan
 1989 Group IV North 2 State – Coach Jim Feehan
 1990 Group IV North 2 State – Coach Jim Feehan
 1997 Group III North 2 State – Coach Jim Feehan
 2001 IHC Dual Meet – Undefeated – Coach Jim Feehan
 2003 Group III North 2 State – Coach Jim Feehan
 2004 Group III North 1 State, IHC, IHC Dual Meet (Undefeated), Morris County Relay
 Coach Jim Feehan
 2005 IHC Dual Meet (Undefeated) – Coach Jim Feehan
 2006 IHC Dual Meet (Undefeated), Morris County Relays – Coach Jim Feehan
 2009 IHC Dual Meet (Undefeated), Coach Laura Sornberger



1988 - First Girls Track Champions

Boys Track

1973 All Groups State – Coach Bill Regan
 1986 IHC Undefeated – Coach Matt Topoleski
 2011 NJAC – Coach Bill Thalman

1977 – All Groups State Track Champions



Boys Tennis

1970 IAC – Coach R. Gorgone
 1972 IAC – Coach R. Gorgone
 1973 IAC – Coach R. Gorgone
 1993 Morris County – Coach Dan Benz
 1994 Group III North 2 State – Coach Dan Benz

1970 - First Tennis Champions



State Sectional Champions



Golf

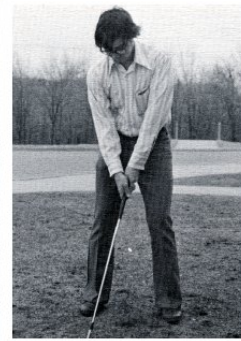
1973 IAC – Coach Ron Reinhard

1975 IAC – Coach Mike George

1976 IAC – Coach Mike George

1977 IAC, Morris County, Dist. 5 North – Coach Mike George

2003 IHC – Coach Rob Moore



1973 – First Golf Champions

Girls Lacrosse

2010 NJAC – Coach Amy Richter

2011 NJIGLL – Coach Amy Richter

